



## from M42 J11

Leave the M42 at junction 11. At the roundabout take the exit onto the B5493, signposted No Man's Heath. Continue on the B5493 for 1.45 miles, entering No Man's Heath. Continue through No Man's Heath on the B5493. After 1 mile you will see Newton Regis signposted left. Turn left into Kings Lane. Continue down Kings Lane for half a mile. At the junction turn left. NRVH is 100 yds ahead through the car park gate, at the corner of Austrey Lane.

## from Tamworth

Leave Tamworth on the B5493 - Ashby Road (signposted Nottingham). After 4.92 miles you will see Newton Regis signposted right. Turn right into Kings Lane. Continue down Kings Lane for half a mile. At the junction turn left. NRVH is 100 yds ahead through the car park gate, at the corner of Austrey Lane.

## gps navigation

Postcode B79 0NL.